**BBC Radio 5 Live**

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BBC 5 live on social media at noun a new study suggesting that commonly prescribed painkillers including ibuprofen are linked to an increased risk of heart failure a group of European researchers analysed the effects of non steroidal anti inflammatory drugs given to nearly 10 million people gonna kiss listen is a Professor of cardiology at Copenhagen University hospital and as an

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article on that particular study was talking about in the British medical Journal and joins me now morning to you good morning OK so to Talk us through the type of drugs we're talking about here straps very calmly you so we call them they insist on Syria lead to drugs and they're commonly yours for 4 mine no the pain in the back of back pain or Hicks and and they vary widely available and was sold to the near without a prescription the in convenience stores to Primark some and gas station halt and this was an observational study the lives of millions of people didn't it Yes they did they think they included information another 10 million the persons so you sing here these drugs sold quite big study in for European Nations at then was it at that that the regularity of the drug use the

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dosage that that causes concern erm lots of people will be taken to be broken every single day when should they be worried a cliche not doorstep same accent instead many commonly used daughter and even that the that those doses they risk putting Cristiano is by 20 % for a hat failure asked to assess and shoulder in the recommended dosage is also a concern exactly and and and one we know that very act as they risk push push dog for some of the drugs you took a 100 % increased risk of of heart failure but what this may be interesting tool to look at him in that perspective is that it's for for instance that this case is bizarre is that none had to cease to the increased risk that this is because they have some respect us the risk could be even more pronounced in in person so that's that's a cause of concern and any greater risk the older you get this is what the study found well as accepting it is very important to look in that perspective because Sir and this is what we call a relative risks so if you have a high baseline risk than dislike or to miss what was then then that effect is more pronounced than 3 grass to to work because the absolute risk increases so your recommended what exactly it in your article the study say what what should we be concerned about the fact we could just go into a shop and buy these things you think that's good because they are so widely available and and earned money used to structure it could here a very tiny cells in so think that we need to consider this Three's destruction not safe for everyone and rethink chill to Owen need chill chill to air or the regulatory authorities need to consider maybe we should have more

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restrictions on selling those terms and they maybe should not be sold all the counter without a prescription or at least to there without the new professional advice on how you abuse in the church on the profession and the potential side effects but surely anyone listen to this he has got ID prefer him in the bathroom cabinet an amazing I have to take that today to get through the day it's what is 400 milligrams every 4 hours you're saying think twice about doing that Yeah I think Yes sure it is not like that you should just the tip of a mess of a union to touch you doctor and and consult him about this buys the to use his throat so there are other alternatives available from the for themselves I think it's very important to touch the to some professional health care professional about that Broxham and may be other alternatives decison thank you very much indeed is a Professor of cardiology at Copenhagen University hospital and is a read that article

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on that study into commonly prescribed painkillers we can buy over the counter in the British medical Journal 16 minutes past 6 now length is 5 live breakfast and The BBC news now on 5 live the most senior law in inquiry into child sex abuse in England and Wales